

# Welcome to the Salon



*Relax and Enjoy Your Time Out...*



*Trading since 2004, at Indigo Health and Beauty my aim is to provide you the client with a first class professional service and high quality treatments at all times.*



**T. 01307 466821**

FOR APPOINTMENTS.

email: [indigogypsy@hotmail.co.uk](mailto:indigogypsy@hotmail.co.uk)

ENQUIRIES ONLY.

## WAXING

Using warm creme wax, suitable for all skin types.

|                           |          |
|---------------------------|----------|
| Eyebrow shape             | £8       |
| Top lip                   | £5       |
| Chin                      | £5       |
| Lip & chin                | from £8  |
| Underarms                 | from £8  |
| Forearms                  | from £10 |
| Face                      | from £8  |
| Standard bikini           | £10      |
| Brazilian bikini          | from £14 |
| Half leg (above the knee) | £14      |
| Full leg                  | £19      |
| Full leg & bikini         | from £26 |
| Back wax                  | from £14 |
| Chest wax                 | from £12 |

## BODY

**St Tropez body glow** £20

The body is dry brushed, exfoliated and moisturised leaving skin smooth and glowing. Perfect prior to holidays or a tanning treatment.

## ST. TROPEZ EXPRESS SPRAY TAN

For the ultimate tan, develops in 1 hour for a natural golden glow. Leave on up to 3 hours for a deeper tan.

|            |     |
|------------|-----|
| Full body  | £22 |
| Upper body | £15 |
| Legs       | £13 |

## MASSAGE

Therapeutic massage beneficial for muscular tension, aches and pains. Tailored to suit the individual clients needs.

|                              |     |           |
|------------------------------|-----|-----------|
| Face, neck, shoulder & scalp | £15 | ½ hour    |
| Luxury top to toe            | £40 | 1 ¼ hours |
| Full body                    | £33 | 1 hour    |
| Back neck & shoulder         | £22 | 35 mins.  |

## REFLEXOLOGY

A holistic therapy for the feet which may aid in a wide range of acute and chronic conditions. Benefits include stress relief, muscle relaxation and improved circulation. Reflexology also detoxifies and cleanses the body and helps restore balance.

|             |      |        |
|-------------|------|--------|
|             | £25  | ¾ hour |
| Course of 6 | £125 |        |

## HOT STONE MASSAGE

The ultimate in total bliss and relaxation, hot stone massage melts away tension and promotes deeper muscle relaxation through the placement of smooth, heated basalt stones at key points on the body. The direct heat of the stones allows access for massage to the deeper muscle layers. Excellent for relieving pain and tension, reducing stress and increasing flexibility in joints and muscles.

|                               |     |          |
|-------------------------------|-----|----------|
| Hot Stone Back Treatment      | £30 | 45 mins. |
| Hot Stone Full Body Treatment | £45 | 1½ hour  |



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## HAND AND FOOT TREATMENTS

Luxury treatments include the use of heated mitts and boots.

|                                 |     |          |
|---------------------------------|-----|----------|
| Pedicure                        | £23 | 1 hour   |
| Manicure                        | £20 | ¾ hour   |
| Luxury manicure                 | £23 | 1 hour   |
| Luxury pedicure                 | £26 | 1¼ hours |
| Lile and polish (hands or feet) | £12 |          |

## CND SHELLAC

The original gel polish, lasts 14 plus days with zero dry time and a mirror like finish. Wide range of colours available.

|                         |     |
|-------------------------|-----|
| Shellac fingers or toes | £20 |
| With glitter            | £22 |
| Shellac removal         | £6  |

## EYE TREATMENTS

Please note that a skin patch test must be carried out 48 hours prior to lash tinting and perming on new clients.

|  |     |            |
|--|-----|------------|
| Eyelash tint   | £10 | 15 minutes |
| Eyebrow tint   | £7  | 10 minutes |
| Eye Treat (eyelash & eyebrow tint plus eyebrow shape)        | £20 | 30 minutes |
| Eyelash perm   | £30 | 1 hour     |
| Eyelash perm & tint  | £37 | 1 ¼ hours  |
| Luxury eye treat (eyelash perm & tint, eyebrow tint & shape) | £45 | 1 ½ hours. |

## MAKE UP

Using Jane Iredale mineral make up which contains no artificial dyes, chemicals or fillers. Kind to skin, long lasting and will not clog pores.

|                            |     |        |
|----------------------------|-----|--------|
| Cleanse & day make up      | £20 | ¾ hour |
| Bridal make up incl. trial | £40 |        |
| Cleanse & evening make up  | £21 | ¾ hour |

## FACIAL TREATMENTS

Facials are carried out using Cosmeceutical brand Environ, a South African range which utilises active vitamins A, C, and E, to firm and plump the skin.

Suitable for all ages and skin types.

|  |      |            |
|--|------|------------|
| Express vitamin facial                                       | £22  | 35 mins    |
| Multi vitamin rejuvenating facial                            | £34  | 1 ¼ hours  |
| AHA gentle peeling treatment                                 | £40  | 1 ¼ hours. |
| Course of 6 once weekly                                      | £200 |            |
| Indigo Signature facial                                      | £47  | 1 ½ hours. |
| A relaxing facial incorporating a de-stressing back massage. |      |            |
| Intensive Revival facial.                                    | £40  | 1 ¼ hours  |

This luxurious facial includes the use of Environ's new wonder product dubbed the "facelift in a bottle", the intensive revival masque. The skin will be visibly plumped, luminous, radiant and smoother after treatment.

**Brightening Collagen and Vitamin C Facial** £40 1 ¼ hours

Uses a special peel off mask to actively brighten and rejuvenate dull tired skin.

**Purifying Facial** £34 1 ¼ hours

This skin clearing facial uses tea tree oil based products suitable for oily and problem skins.

**Hot Stone Facial** £38 1 ¼ hours

A specially tailored facial incorporating a blissful hot stone massage to the face, neck and shoulders.

All facials include a relaxing face, neck, shoulder and scalp massage excluding the Express facial.



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## SKINBASE MICRODERMABRASION

This non-surgical treatment intensely exfoliates and resurfaces the skin. A fine jet of crystals gently removes dead skin cells layer by layer whilst the vacuum action lifts the debris away.

This stimulates blood flow and encourages collagen and elastin formation resulting in firmer, revitalised and youthful looking skin. Suitable for fine lines, acne scarring, ageing, dull and tired skin as well as pigmentation, uneven skin tone and stretch marks.

For maximum benefit a course of 8 is recommended taken at 7-10 days apart.

Single treatment £37 1 hour.

Course of 8 £240.

Includes mask, shoulder and scalp massage.

Express Treatment £25 30 mins.

Course of 6 £125.



Gift Vouchers available and are valid for 6 months from date of issue.

Payment accepted by cash or cheque - min amount £15 for cheque.

Please allow 24 hours notice for cancelled appointments.

A 50% charge of treatment will be incurred for missed appointments.

Indigo Health and Beauty reserves the right to change opening hours if necessary without prior notice.

*Thank you for your custom.*



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**indigo**  
HEALTH & BEAUTY

**Indigo Health & Beauty**

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Enquiries Only